

Prayer Guide for March 15-21: Show us your living water in barren deserts!

When all we can see of our lives is a pile of stones in the desert or a deep well of pain, God shows us there is water deep within the rocks and wells—the living water of God’s love. We rejoice in the Rock of our Salvation!

Scriptures to Read and Ponder

Exodus 17:1-7; Psalm 95; Romans 5:1-11; John 4:5-42

Songs to Sing

HWB 514 Lord, I Am Fondly, Earnestly

HWB 515 Jesus, Rock of Ages

STJ 28 We Worship God the Rock

STJ 77 The Peace of the Earth Be with You

STS Woza Momthwalo Wakho (Come, Bring Your Burdens to God)

Words of Praise

I raise a joyful shout to the Rock of my Salvation!

You say to those who are thirsty, “Come.” So I come to you with my questions, my complaints, to you, the Rock of my Salvation.

You say to those who are thirsty, “Come and see the One who speaks to us of living water.” O Jesus, show me who you are and who I am.

I raise a joyful shout to the Rock of my Salvation!

Words of Confession and Assurance

God of living waters, I confess that I have often turned from you and wandered in my own wilderness of fear and doubt. My thirst mounts daily, and I turn to many things I believe will satisfy me.

I name those things in your presence now.

(Speak before God those things you tend to rely on instead of resting in God’s love or the love of God through others.)

The wells of salvation are offered to me. I drink deeply and find healing, hope, and joy, for God’s love has been poured into my heart through the Holy Spirit that has been given to me!

Thanks be to God!

Questions for Reflection

- Are there any areas of my life that feel especially “dry” or “barren” right now?
- Is there something that I know is keeping me from experiencing the fullness of life God desires for me?
- What might I do today to connect with God and affirm God’s presence in my life?

Words of Blessing

I have seen the Rock of my Salvation, and I have quenched my thirst for the living water that gives my life purpose and meaning. May I bring peace and healing to the broken and lonely this day, even as they offer me hope and grace by their lives.

The words of this guide are mostly written in the first person singular (“I,” “me”), for individual use. If you are using this as a couple or as a family or in a group, feel free to change it to plural (“we,” “us”).